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"My departure to America through the exchange program was completely unplanned and unexpected. One day, during the exam period, I suddenly had the idea that I should do something new as a final year master's degree student, which meant spending my last semester in America. It was at that time that the university offered me the chance to participate in an exchange program. I started collecting documents on the same day, although I really didn't think that the thought "Let's go to America" that popped into my head one day would become a reality in a few months.

Going on an exchange program is a completely new experience, especially in America. All of this coincided with the pandemic, quarantine, border closure... If I had known about all this in advance, I would have gone anyway, I had such a great and interesting experience. I discovered new skills and new resources in myself, every day you feel that you are growing not only professionally, but also personally, and then all this gives you a pleasant feeling of self-confidence and independence. I think it is a very important and necessary experience for all students to participate in an exchange program."